

SAI SEVA SANGH

AUGUST MONTH ACTIVITIES AT SAI SEVA SANGH

We are thrilled to bring you the latest activities at Sai Seva Sangh. August has been a month filled with joy, camaraderie, and a deep sense of patriotism.

MAHA GANAPATHI HOMAM

We initiated the month with a sacred Mahaganapathi Homam seeking the blessings of Lord Ganesh and to infuse positive vibrations and spiritual energy into the school environment, fostering a sense of unity and well-being among students and staff.



COMPETITIONS CONDUCTED BEFORE INDEPENDENCE DAY

As part of the Independence Day celebrations on August 14th, a series of engaging competitions were held to commemorate the occasion. Among the highlights was a Painting Competition that revolved around the theme "Unity in Diversity." Students used their artistic prowess to depict the harmonious coexistence of diverse cultures, symbolizing the strength of the nation's unity.

In addition to this, a lively Singing Competition was organized, showcasing the musical talents of the participants. The songs chosen resonated with the spirit of patriotism and freedom, enhancing the overall patriotic fervor of the celebration.

Both competitions not only provided a platform for participants to express their creativity and talents but also added a vibrant dimension to the Independence Day festivities.



INDEPENDENCE DAY CELEBRATION

On Independence Day, a spirit of patriotism and unity filled the air as students and staff gathered to celebrate the occasion. The day's festivities began with the hoisting of the national flag by the chief guests Mr. Radha Krishna, Project director of Worley Company and Mr. AVN Raju of Island Veer Chemie PVT, LTD.

Following the flag hoisting ceremony, there was a colorful and spirited march past by school children. A highlight of the celebration was a thought-provoking speech delivered by a student about the role the unsung freedom fighters.

The cultural aspect of Independence Day was brought to life through various dance performances. Patriotic songs were sung with passion, stirring emotions and instilling a deep sense of love for the country. Children were treated with sweets and chocolates as a symbol of joy and celebration. The distribution of these goodies added to the festive atmosphere.

In a unique twist to the celebrations, a group of our students embarked on a special journey to the Indian Oil Corporation. Dressed in their crisp uniforms, they participated in a spirited march-past, exuding discipline and determination. This act of homage paid tribute to the security forces and their unwavering dedication to our nation's protection.

The day was more than just a celebration; it was a reminder of the sacrifices made by our forefathers and an acknowledgment of the responsibilities we bear as citizens of a free nation. As the echoes of the celebrations reverberated within our hearts, we were reminded of the values that unite us and the promise of a brighter future for India.

Let us carry this spirit of patriotism, unity, and progress with us as we stride confidently into the future.



ACCENTURE VISIT



VISITS

ACCENTURE COMPANY

A team of 12 members from Accenture Company visited our institution to engage with the students in various activities. The event began with a series of engaging games that encouraged teamwork, problem-solving, and creativity among the students.

One of the unique aspect of the visit was the students were asked to prepare Rakhis. As part of their commitment to education, they also distributed storybooks to the students.

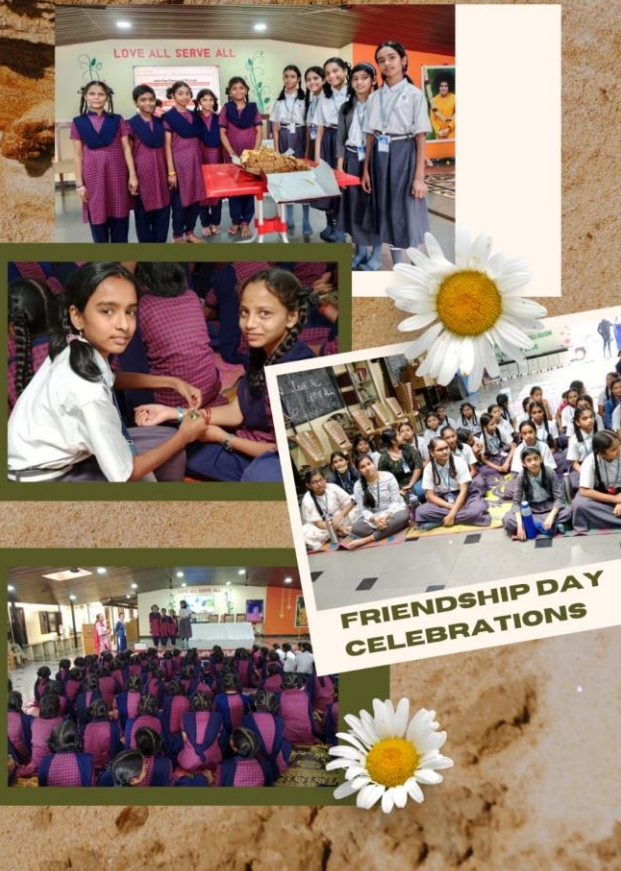
The students thoroughly enjoyed the visit from Accenture. The interactive games, creative activities, and distribution of goodies and storybooks created a positive and enthusiastic atmosphere. The event not only provided a break from the routine academic activities. Overall, the Accenture visit was a successful and enriching experience for the students.

JOY INTERNATIONAL SCHOOL STUDENT'S VISIT

The students of Joy International School were welcomed to Sai Seva Sangh . The premisis was abuzz with excitement as our students mingled with the bright and eager students from Joy International School.

The day was marked by a variety of interactive activities, team-building games, and tying of Friend ship bands that helped to forge new friendships. It was a truly heartwarming sight to witness the blossoming connections between the students, fostering a sense of togetherness.

JOY INTERNATIONAL SCHOOL VISIT



Dr. Nityas session on the topic of "Improving Focus and Concentration"

Dr. Nitya, a renowned Child Psychiatrist from Rainbow Hospital, conducted an engaging session on the topic of "Improving Focus and Concentration" for students. The session aimed to provide practical insights and strategies to enhance the cognitive abilities of the participants.

The session was characterized by its interactive nature, as Dr. Nitya incorporated various activities designed to stimulate participants' engagement and learning. These activities included memory games, and exercises. These activities not only served as practical examples of improving focus but also kept the participants engaged and attentive throughout the session.

EXPERT TIPS FOR IMPROVED CONCENTRATION: Dr. Nitya shared a series of insightful tips that resonated well with the students. Some key take away from the session include

MINDFULNESS PRACTICES: Dr. Nitya emphasized the importance of mindfulness in enhancing concentration. She introduced simple mindfulness exercises that can be incorporated into daily routines, such as deep breathing and short meditation sessions.

EFFECTIVE TIME MANAGEMENT: The session delved into the significance of proper time management in achieving optimal focus. Dr. Nitya provided strategies to organize tasks and prioritize them to prevent distractions and maintain concentration.

MINIMIZING DIGITAL DISTRACTIONS: Recognizing the prevalence of digital distractions, Dr. Nitya offered guidance on how to manage screen time effectively. She discussed the potential negative impact of excessive screen use on concentration and suggested techniques to create a healthy balance.

HEALTHY LIFESTYLE HABITS: Dr. Nitya highlighted the connection between a healthy lifestyle and improved concentration. She touched on the importance of regular physical activity, balanced nutrition, and adequate sleep in maintaining cognitive function.

ENGAGEMENT AND FEEDBACK: The students' response to the session was overwhelmingly positive. Many expressed their appreciation for the interactive approach and found the activities to be both enjoyable and insightful. Attendees also reported feeling more equipped with practical tools to enhance their focus and concentration.

CONCLUSION: In conclusion, Dr. Nitya's session on improving focus and concentration was a resounding success. Her expertise, combined with interactive activities and practical tips, provided participants with a comprehensive understanding of the subject. The session undoubtedly contributed to the attendees' awareness and ability to foster better concentration skills, which will be invaluable in their academics.



VARALAKSHMI VRATHAM CELEBRATIONS

Varalakshmi Vratam was joyously celebrated, encompassing the performance of a Sai Gayathri Homam and the rendition of devotional songs. Children were enlightened about the profound significance of this observance and the reasons behind the celebration. The program ended with aarthi and prasadam was distributed to all the students.



ARTS & CRAFTS WORKSHOP

A creative arts and crafts workshop was conducted on 12-08-2023 by Ms. Madhavi and her team. The event witnessed enthusiastic participation from students. The workshop aimed to engage students in various artistic activities encouraging creativity and artistic expression. By engaging in hands-on activities they were able to learn new skills.

Activities:-

Paintings on clay Diyas—students expressed their creativity by painting designs on clay Diyas. The activity not only honed their artistic abilities but also acquainted them with the traditional art of decorating Diyas.

Preparing Rakhis—Students indulged in making their own rakhis. They combined colorful threads, beads, and decorative elements to craft unique and heartfelt tokens of affection.

Handmade Covers: The art of crafting handmade covers was explored, allowing students to design personalized covers for books, notebooks, or gifts. This activity encouraged them to think innovatively and incorporate various materials into their designs.

Making Colorful Greeting Cards: Students tapped into their imagination to create vibrant and expressive greeting cards. They experimented with different art supplies to convey their feelings and wishes through personalized cards.

During the workshop, students received comprehensive training in operating sewing machines, gaining valuable hands-on experience. Additionally, they were provided with useful tailoring tips to enhance their skills in the craft. This combination of practical training and expert guidance equipped the students with the knowledge and confidence to excel in sewing.



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